

## **Resilience and in the face of Career Curveballs**

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### **Summary**

Career curveballs are shocking surprises in your career where you lose confidence, momentum and direction. Bouncing back from these require resilience and courage. Come hear what myself and my clients have learned in the journey!

### **Theory / Method / Workflow**

### **Results, Observations, Conclusions**

### **Novel/Additive Information**

### **Acknowledgements**

### **References**

Reference Style (use Arial 9pt normal)